



24 hour cancellation notice

required

Appointment Date:	Appointment Time:	AM/PM
Location:		

Description of Test *Please check with your insurance for coverage & benefits. This test has a maximum cost of \$1145.00

Videonystagmography (VNG) is the most common test performed to evaluate the function of the inner ear balance organs. The balance test (VNG) requires about 1 to 1 ½ hours. Your inner ear balance system will be stimulated with different head and body positions, and by running cool and warm air into your ear canals. Goggles put in front of your eyes will record your eye movements during this time.

You may or may not become dizzy during the test; either is a normal reaction. If you do become dizzy, it lasts only a few minutes at most. However, in some instances a person may experience a slight unsteadiness after the test, so it is advisable to have someone else drive you home.

Instructions

Please follow these instructions, if you are scheduled for a test of your balance system. Certain medicines, which affect the central nervous system, can affect the results of this test. **PLEASE DO NOT** take any of the following medications or beverages for 2 days (48 hours) before the test. No facial makeup or mascara should be worn on day of test.

1. Sleeping medications
2. Tranquilizers
3. Antihistamines
4. Barbiturates
5. Alcoholic/caffeinated beverages
6. Pills for dizziness
7. Sedatives
8. Pain pills

Non-prescription forms of aspirin may be taken if necessary. If you are unsure if one of your medications fall into any one of these categories, please call your physician.